

M.G.R Chennai Central - Thiruvananthapuram Central SF Express (PT)/12695 - SF - SR
PGT/Palakkad Junction (Palghat) to TVC/Thiruvananthapuram Central (Trivandrum)

7h 15m - 367 km - 10 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|--|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | MAS | MGR Chennai Central | | | 15:20 | | | 0 | 1 | 0 | 71 | 3 | SR |
| 2 | AJJ | Arakkonam Junction | 16:18 | | 16:20 | | 2m | 1 | 1 | 69 | 76 | 85 | SR |
| 3 | KPD | Katpadi Junction | 17:08 | | 17:10 | | 2m | 1 | 1 | 130 | 85 | 215 | SR |
| 4 | VN | Vaniyambadi | 17:58 | | 18:00 | | 2m | 0 | 1 | 198 | 39 | 355 | SR |
| 5 | JTJ | Jolarpettai Junction | 18:25 | | 18:30 | | 5m | 1 | 1 | 214 | 79 | 400 | SR |
| 6 | SA | Salem Junction | 20:02 | | 20:05 | | 3m | 4 | 1 | 335 | 60 | 280 | SR |
| 7 | ED | Erode Junction | 21:05 | | 21:10 | | 5m | 0 | 1 | 394 | 70 | 171 | SR |
| 8 | TUP | Tiruppur | 21:53 | | 21:55 | | 2m | 0 | 1 | 444 | 39 | 306 | SR |
| 9 | CBE | Coimbatore Junction | 23:12 | | 23:15 | | 3m | 1 | 1 | 495 | 46 | 412 | SR |
| 10 | PGT | Palakkad Junction (Palghat) | 00:27 | | 00:30 | | 3m | 0 | 2 | 551 | 70 | 78 | SR |
| 11 | TCR | Thrissur (Trichur) | 01:35 | | 01:38 | | 3m | 0 | 2 | 626 | 60 | 3 | SR |
| 12 | ERN | Ernakulam Town (North) | 02:50 | | 02:55 | | 5m | 2 | 2 | 698 | 55 | 2 | SR |
| 13 | KTYM | Kottayam | 04:00 | | 04:03 | | 3m | 0 | 2 | 758 | 53 | 4 | SR |
| 14 | CGY | Changanassery | 04:23 | | 04:24 | | 1m | 0 | 2 | 775 | 53 | | SR |
| 15 | TRVL | Tiruvalla | 04:33 | | 04:34 | | 1m | 0 | 2 | 783 | 56 | | SR |
| 16 | CNGR | Chengannur | 04:44 | | 04:46 | | 2m | 0 | 2 | 793 | 57 | 9 | SR |
| 17 | MVLK | Mavelikara | 04:59 | | 05:00 | | 1m | 0 | 2 | 805 | 36 | | SR |
| 18 | KYJ | Kayamkulam Junction | 05:13 | | 05:15 | | 2m | 0 | 2 | 813 | 58 | 9 | SR |
| 19 | QLN | Kollam Junction (Quilon) | 05:57 | | 06:00 | | 3m | 0 | 2 | 854 | 62 | 11 | SR |
| 20 | VAK | Varkala Sivagiri | 06:23 | | 06:24 | | 1m | 0 | 2 | 877 | 30 | 57 | SR |
| 21 | TVC | Thiruvananthapuram Central (Trivandrum) | 07:45 | | | | | 0 | 2 | 918 | - | 7 | SR |