

Jan Nayak Express (UnReserved)/15212 - Exp - ECR

PHR/Phillaur Junction to MB/Moradabad Junction

7h 54m - 401 km - 8 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|-------------------------|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | ASR | Amritsar Junction | | | 19:20 | | | 4 | 1 | 0 | 91 | 230 | NR |
| 2 | BEAS | Beas Junction | 19:48 | | 19:50 | | 2m | 2 | 1 | 42 | 59 | 233 | NR |
| 3 | JUC | Jalandhar City Junction | 20:27 | | 20:33 | | 6m | 2 | 1 | 79 | 70 | 237 | NR |
| 4 | PGW | Phagwara Junction | 20:51 | | 20:53 | | 2m | 1 | 1 | 100 | 75 | | NR |
| 5 | PHR | Phillaur Junction | 21:11 | | 21:13 | | 2m | 1 | 1 | 122 | 30 | 241 | NR |
| 6 | DDL | Dhandari Kalan | 21:55 | | 22:05 | | 10m | 2 | 1 | 143 | 74 | 253 | NR |
| 7 | SIR | Sirhind Junction | 22:48 | | 22:50 | | 2m | 2 | 1 | 196 | 90 | 267 | NR |
| 8 | RPJ | Rajpura Junction | 23:07 | | 23:09 | | 2m | 2 | 1 | 221 | 30 | 269 | NR |
| 9 | UMB | Ambala Cantt. Junction | 00:05 | | 00:10 | | 5m | 1 | 2 | 249 | 87 | 273 | NR |
| 10 | YJUD | Yamunanagar-Jagadhri | 00:45 | | 00:50 | | 5m | 2 | 2 | 300 | 36 | 274 | NR |
| 11 | SRE | Saharanpur Junction | 01:40 | | 01:50 | | 10m | 3,4 | 2 | 330 | 55 | 275 | NR |
| 12 | LRJ | Laksar Junction | 02:47 | | 02:49 | | 2m | 1 | 2 | 383 | 67 | 257 | NR |
| 13 | NBD | Najibabad Junction | 03:26 | | 03:28 | | 2m | 1 | 2 | 425 | 60 | | NR |
| 14 | MB | Moradabad Junction | 05:07 | | 05:15 | | 8m | 1 | 2 | 523 | 68 | 193 | NR |
| 15 | BE | Bareilly Junction | 06:35 | | 06:37 | | 2m | 1 | 2 | 614 | 64 | 169 | NR |
| 16 | SPN | Shahjahanpur Junction | 07:43 | | 07:45 | | 2m | 1 | 2 | 684 | 52 | 155 | NR |
| 17 | MINJ | Maingal Ganj | 08:42 | | 08:44 | | 2m | 1 | 2 | 733 | 44 | 150 | NR |
| 18 | SPC | Sitapur City Junction | 09:35 | | 09:40 | | 5m | 1 | 2 | 771 | 7 | 137 | NR |
| 19 | STP | Sitapur Junction | 10:17 | | 10:27 | | 10m | 0 | 2 | 775 | 57 | 136 | NER |
| 20 | BUW | Burhwal Junction | 12:10 | | 12:15 | | 5m | 3 | 2 | 872 | 62 | 115 | NER |
| 21 | GD | Gonda Junction | 13:15 | | 13:25 | | 10m | 2 | 2 | 934 | 78 | 105 | NER |
| 22 | BST | Basti | 14:33 | | 14:36 | | 3m | 03 | 2 | 1023 | 35 | 99 | NER |
| 23 | GKP | Gorakhpur Junction | 16:25 | | 16:35 | | 10m | 5,6 | 2 | 1086 | 48 | 84 | NER |
| 24 | CPJ | Kaptanganj Junction | 17:23 | | 17:28 | | 5m | 2 | 2 | 1125 | 75 | | NER |
| 25 | GH | Ghughuli | 17:40 | | 17:42 | | 2m | 1 | 2 | 1140 | 44 | | NER |
| 26 | SBZ | Siswa Bazar | 17:58 | | 18:00 | | 2m | 1 | 2 | 1152 | 65 | | NER |
| 27 | KZA | Khadda | 18:13 | | 18:15 | | 2m | 0 | 2 | 1166 | 39 | | NER |
| 28 | BUG | Bagaha | 19:00 | | 19:03 | | 3m | 1 | 2 | 1195 | 67 | | ECR |
| 29 | HIR | Harinagar | 19:26 | | 19:28 | | 2m | 0 | 2 | 1220 | 35 | | ECR |
| 30 | NKE | Narkatiaganj Junction | 19:55 | | 20:00 | | 5m | 1 | 2 | 1236 | 74 | 82 | ECR |
| 31 | CAI | Chanpatia | 20:16 | | 20:18 | | 2m | 0 | 2 | 1256 | 85 | | ECR |
| 32 | BTH | Bettiah | 20:30 | | 20:33 | | 3m | 0 | 2 | 1273 | 65 | 65 | ECR |
| 33 | SGL | Sagauli Junction | 20:54 | | 20:56 | | 2m | 1 | 2 | 1295 | 26 | | ECR |
| 34 | BMKI | Bapudham Motihari | 21:44 | | 21:47 | | 3m | 0 | 2 | 1316 | 41 | 66 | ECR |
| 35 | PPA | Pipra | 22:19 | | 22:21 | | 2m | 0 | 2 | 1338 | 47 | 69 | ECR |
| 36 | CAA | Chakia | 22:34 | | 22:36 | | 2m | 1 | 2 | 1348 | 51 | 66 | ECR |
| 37 | MAI | Mehsi | 22:46 | | 22:48 | | 2m | 1 | 2 | 1357 | 57 | 65 | ECR |
| 38 | MTR | Motipur | 23:02 | | 23:04 | | 2m | 1 | 2 | 1370 | 26 | 61 | ECR |
| 39 | MFP | Muzaffarpur Junction | 00:05 | | 00:10 | | 5m | 3 | 3 | 1396 | 72 | 57 | ECR |
| 40 | DOL | Dholi | 00:31 | | 00:33 | | 2m | 1 | 3 | 1421 | 50 | 55 | ECR |
| 41 | KPGM | Karpoori Gram | 00:58 | | 01:00 | | 2m | 0 | 3 | 1442 | 11 | 51 | ECR |
| 42 | SPJ | Samastipur Junction | 01:35 | | 02:00 | | 25m | 3,5 | 3 | 1448 | 52 | 47 | ECR |
| 43 | LSI | Laheria Sarai | 02:37 | | 02:40 | | 3m | 1 | 3 | 1481 | 12 | 48 | ECR |
| 44 | DBG | Darbhanga Junction | 03:05 | | | | | 1,3 | 3 | 1486 | - | 49 | ECR |