

Jammu Mail/14034 - Exp - NCR
JRC/Jalandhar Cantt. Junction to SZM/Sabzi Mandi
5h 34m - 361 km - 10 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|---------------------------|---------|-----|-------------|-----|------|----|-----|------|-----|-----|------|
| 1 | SVDK | SMVD Katra | | | 15:20 | | | 3 | 1 | 0 | 59 | 814 | NR |
| 2 | MCTM | MCTM Udhampur | 15:45 | | 15:47 | | 2m | 2 | 1 | 25 | 38 | 660 | NR |
| 3 | JAT | Jammu Tawi | 17:10 | | 17:15 | | 5m | 1 | 1 | 78 | 70 | 344 | NR |
| 4 | VJPJ | Vijaypur Jammu | 17:33 | | 17:35 | | 2m | 2 | 1 | 99 | 63 | 355 | NR |
| 5 | HRNR | Hira Nagar | 18:00 | | 18:02 | | 2m | 2 | 1 | 125 | 37 | 382 | NR |
| 6 | KTHU | Kathua | 18:49 | | 18:51 | | 2m | 2 | 1 | 154 | 39 | 393 | NR |
| 7 | PTKC | Pathankot Cantt | 19:27 | | 19:30 | | 3m | 1 | 1 | 177 | 66 | 326 | NR |
| 8 | MEX | Mukerian | 20:06 | | 20:08 | | 2m | 1 | 1 | 217 | 58 | 257 | NR |
| 9 | DZA | Dasuya | 20:24 | | 20:26 | | 2m | 1 | 1 | 232 | 70 | 246 | NR |
| 10 | TDO | Tanda Urmar | 20:39 | | 20:41 | | 2m | 2 | 1 | 247 | 55 | 248 | NR |
| 11 | JRC | Jalandhar Cantt. Junction | 21:27 | | 21:30 | | 3m | 2 | 1 | 290 | 66 | 236 | NR |
| 12 | PGW | Phagwara Junction | 21:45 | | 21:47 | | 2m | 1 | 1 | 306 | 57 | | NR |
| 13 | LDH | Ludhiana Junction | 22:25 | | 22:35 | | 10m | 1 | 1 | 342 | 62 | 257 | NR |
| 14 | UMB | Ambala Cantt. Junction | 00:25 | | 00:30 | | 5m | 1 | 2 | 456 | 87 | 273 | NR |
| 15 | KKDE | Kurukshetra Junction | 00:59 | | 01:01 | | 2m | 2 | 2 | 498 | 95 | 258 | NR |
| 16 | KUN | Karnal | 01:22 | | 01:24 | | 2m | 1 | 2 | 531 | 103 | 251 | NR |
| 17 | PNP | Panipat Junction | 01:44 | | 01:46 | | 2m | 1 | 2 | 565 | 86 | 235 | NR |
| 18 | SMK | Samalkha | 01:58 | | 02:00 | | 2m | 1 | 2 | 582 | 100 | 226 | NR |
| 19 | SNP | Sonipat Junction | 02:17 | | 02:19 | | 2m | 1 | 2 | 610 | 86 | 235 | NR |
| 20 | NUR | Narela | 02:31 | | 02:33 | | 2m | 1 | 2 | 628 | 48 | 220 | NR |
| 21 | ANDI | Adarsh Nagar Delhi | 02:54 | | 02:56 | | 2m | 1 | 2 | 645 | 46 | | NR |
| 22 | SZM | Sabzi Mandi | 03:04 | | 03:06 | | 2m | 2 | 2 | 651 | 3 | 222 | NR |
| 23 | DLI | Old Delhi Junction | 04:05 | | 04:20 | | 15m | 16 | 2 | 654 | 27 | 219 | NR |
| 24 | ALJN | Aligarh Junction | 06:08 | | 06:10 | | 2m | 3 | 2 | 780 | 84 | 186 | NCR |
| 25 | TDL | Tundla Junction | 07:06 | | 07:08 | | 2m | 5 | 2 | 858 | 100 | 167 | NCR |
| 26 | GOY | Govindpuri (Kanpur) | 09:25 | | 09:30 | | 5m | 2 | 2 | 1085 | 86 | 126 | NCR |
| 27 | FTP | Fatehpur | 10:25 | | 10:27 | | 2m | 2 | 2 | 1164 | 53 | 114 | NCR |
| 28 | SFG | Subedarganj (Prayagraj) | 12:35 | | | | | 6 | 2 | 1277 | - | 95 | NCR |