

Ahimsa SF Express/22185 - SF - CR
BRC/Vadodara Junction to PUNE/Pune Junction
9h 28m - 525 km - 12 halts - Departs Thu

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|-------------|--------------------------|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | ADI | Ahmedabad Junction | | | 20:15 | | | 4 | 1 | 0 | 67 | 52 | WR |
| 2 | ND | Nadiad Junction | 20:56 | | 20:58 | | 2m | 1 | 1 | 46 | 75 | 37 | WR |
| 3 | ANND | Anand Junction | 21:13 | | 21:15 | | 2m | 4 | 1 | 65 | 51 | 40 | WR |
| 4 | BRC | Vadodara Junction | 21:57 | | 22:02 | | 5m | 1 | 1 | 100 | 83 | 36 | WR |
| 5 | BH | Bharuch Junction | 22:53 | | 22:55 | | 2m | 4 | 1 | 171 | 63 | 18 | WR |
| 6 | ST | Surat | 23:51 | | 23:56 | | 5m | 2 | 1 | 230 | 71 | 59 | WR |
| 7 | NVS | Navsari | 00:21 | | 00:23 | | 2m | 2 | 2 | 259 | 56 | 12 | WR |
| 8 | BL | Valsad | 01:05 | | 01:08 | | 3m | 3 | 2 | 299 | 78 | 14 | WR |
| 9 | VAPI | Vapi | 01:28 | | 01:30 | | 2m | 2 | 2 | 325 | 79 | 27 | WR |
| 10 | DRD | Dahanu Road | 02:07 | | 02:09 | | 2m | 2 | 2 | 373 | 61 | 12 | WR |
| 11 | BSR | Vasai Road | 03:20 | | 03:25 | | 5m | 7 | 2 | 446 | 50 | 7 | WR |
| 12 | BIRD | Bhiwandi Road | 03:58 | | 04:00 | | 2m | 3 | 2 | 473 | 21 | 24 | CR |
| 13 | KYN | Kalyan Junction | 04:42 | | 04:45 | | 3m | 6 | 2 | 487 | 65 | 9 | CR |
| 14 | KJT | Karjat Junction | 05:28 | | 05:30 | | 2m | 1 | 2 | 534 | 35 | 52 | CR |
| 15 | LNL | Lonavla | 06:18 | | 06:20 | | 2m | 1 | 2 | 562 | 85 | 623 | CR |
| 16 | SVJR | Shivajinagar | 07:03 | | 07:05 | | 2m | 2 | 2 | 623 | 6 | 550 | CR |
| 17 | PUNE | Pune Junction | 07:30 | | | | | 5 | 2 | 625 | - | 560 | CR |